

## NEXT TRAINING /GAME

**XVI's GLADIATORS - Camp**

30<sup>th</sup>-1<sup>st</sup> October

**15s BOLTERS- Camp**

30<sup>th</sup> – 1<sup>st</sup> October

## WELFARE DB UP & RUNNING

<http://colts.wafootball.com.au/login.php>

Enter your User Code and Password then start entering your daily training, core strength, skills, endurance, footy training, well being and health records. Track your performance

## ACADEMY FEES DUE

There still are a number of players that have not paid their fees overdue invoices have been sent out so can you please try and pay as soon as possible. If there is anyone having trouble paying please contact **Brendon: 0409 084 392**

## PREVIOUS CAMP

On the 6<sup>th</sup> of July was our previous camp. This camp our focus was to re - test the all the players to see if there was an improvement on the start of the year, we were glad to see that most of the players had improved on their results. Also Troy Cook was in attendance and the feedback we got from Troy was that he had "high Praise" for the program and was impressed with the talent in the group.

## EDUCATION AND EXPERIENCES

During the last Academy Camp the Gladiators played a game against the Banksia Hill Detention centre. The game was played inside the centre and the boys took a lot out of the day and said it was a great experience. The Banksia Centre said that they really enjoyed playing the game and it looks like it's now going to be an annual event. The best Player on the day was goal sneak Jordan Reegan who finished with 5.

## PEEL V WEST PERTH RESULTS

Game four for the Bolters sore them travelling down to Arena Joondalup in horrendous conditions but it was not all gloom and doom as Both teams played some fantastic footy and had two wins. The most pleasing thing on the day was there were players that were willing to be genuine leaders amongst the group which is great to see.

Better players on the day were: Peirce Dawson, Jeremy Truebody, Russell Shore, Reece Gardiner, Mathew Piggott, Brent Piercey and Tom Vernon.

### PRENTS PLEASE NOTE THE FOLLOWING

"There will be a change to the last Academy camp, it will not be a camp as such it will be over two days but will entail exit interviews for all the players and also feedback and direction as to the future. I will be sending out more information closer to the date. Thank you again to all the parents for their support.

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### QUOTE OF THE MONTH

**"Effort only fully releases its reward after a person refuses to quit"**